

PHYSICAL THERAPIST ~ Licensed in Massachusetts (PT-000000-L) ~



Possess over 20 years of experience in all clinical and administrative facets of the physical therapy profession. Offer versatility of department management/leadership, along with teaching and speaking experience. Understand the importance of promoting health and fitness during the restoration and maintenance of a patient's physical functionality. Versed in documentation and report generation. Strong team builder and facilitator; foster an atmosphere that encourages talented professionals to apply skill sets to achieve maximum productivity.

- Rehabilitation Plans
- Home Visits
- Department Management
- Assessments
- MIST Therapy
- Treatment Scheduling
- Personnel Management
- Electrical Stimulation
- Schedule Coordination

PROFESSIONAL EXPERIENCE

REHABILITATION HEALTH CARE – BOSTON, MA

PHYSICAL THERAPIST

2007 – PRESENT

Serve as an agency staff physical therapist at Endicott Skilled Nursing Facility and Springfield Rehabilitation Hospital for one of the fastest growing health care staffing companies in the United States. Perform home visits and co-treatments with staff for patients with spinal cord injuries and wheelchair prescriptions.

EXTENDED CARE FITNESS SERVICES – BOSTON, MA

DIRECTOR OF REHABILITATION

2006 – 2007

Managed PTs, OTs, and STs in a newly established specialized rehabilitation facility. Performed scheduling and coordinated rehab rounds with consulting physiatrist. Attended respiratory rounds with consulting pulmonologist, along with daily clinical/weekly operational meetings. Performed MIST therapy and high voltage electrical stimulation.

- Performed QA duties that included chart reviews, equipment ordering, and power and manual wheelchair prescription coordination.
- Provided input on clinical issues regarding admissions; attended weekly wound rounds with consulting specialist.

MULTICARE NURSING AND REHAB – CAMBRIDGE, MA

FACILITY REHABILITATION COORDINATOR

2004 – 2005

Hired and managed Rehabilitation Department personnel that included occupational, physical, and speech therapists, along with support personnel. Managed RUG categories and Reported to area and regional managers.

- Represented the department in all administrative/operational meetings, rehab meetings, and wound care rounds.
- Oversaw the rehabilitation budget and generated/analyzed reports on productivity and revenue generation.

ST. LUKE'S REHABILITATION HOSPITAL – BROOKLINE, MA

REHABILITATION MANAGER

2003 – 2004

Managed the Spinal Cord Injury Unit; served as the primary clinician for scheduling and performance of architectural home visits. Coordinated coverage for therapy services and provided clinical supervision and mentorship for staff of the SCI unit. Wrote and analyzed reports. Trained rehabilitation aides and conducted hospital orientations.

- Served as the Center Coordinator of Clinical Education.
- Held role of Investigator for data collection and WISCI (Walking Index for Spinal Cord Injury) research studies for the Regional Spinal Cord Injury Center of Boston.

CLINICAL SERVICES/SPECIAL PROJECTS MANAGER

2003

Participated in research studies, new computer system implementation, and staff orientation. Assisted the Team Leader and Rehabilitation Manager as needed. Trained rehab assistants.

- Completed clinical projects that included revision of SCI manual and performance improvement projects.
- Held position of Center Coordinator of Clinical Education.



TEAM LEADER**2001 – 2003**

Provided in-patient treatment of spinal cord injury patients while providing leadership and supervision to staff on the SCI Unit. Oriented and trained new staff and assisted with training of rehab aides; completed staff performance appraisals. Coordinated coverage and scheduling on SCI Unit.

- Held position of Study Investigator in a NIH grant-funded international research study on Validity and Clinical Relevance of the WISCI (Walking Index for Spinal Cord Injury).
- Played a key role in the development and implementation of respiratory rounds throughout the hospital.
- Co-coordinated the suction certification program.

Additional Positions Held

Advanced Clinician, Spinal Cord Injury Unit ▪ St. Joseph's Rehabilitation Hospital – Boston, MA ▪ 1999 – 2002
Manager of Clinical Services ▪ Rehabilitation Therapy – Newton, MA ▪ 1996 – 1999
Director of Physical Therapy ▪ Browman Associates, Incorporated (Boston Memorial Hospital) – Boston, MA ▪ 1996
Home Health Physical Therapist ▪ South Shore Therapy – Somerville, MA ▪ 1993 – 1996
Home Health Physical Therapist ▪ Newman Hospital – Somerville, MA ▪ 1993

TEACHING EXPERIENCE

- **Lecture Speaker** - wheelchair assessment and prescription, posture evaluation, seating assessment and prescription, general durable medical equipment, and home assessment ▪ Boston University – Boston, MA ▪ 2004 – 2007.
- **Alumni Discussion Panelist** - graduating physical therapy students on professional issues is ▪ Boston University – Boston, MA ▪ 2003 – 2007.
- **Lecturer and Lab Instructor** - Topic: Spinal Cord Injury ▪ Atlantic College – Boston, MA ▪ 1998 – 2001.
- **Lab Instructor** - evaluation and treatment of patients with SCI and other rehab diagnoses ▪ Massachusetts University, University of the Sciences – Boston, MA ▪ 1999 – 2003.
- **Panel Discussion Participant** ▪ Ethical and Legal Issues Facing The Physical Therapist ▪ St. Rose University, Albany, NY ▪ January 24, 2001.

EDUCATION

Doctorate of Physical Therapy - Physical Therapy ▪ Boston University – Boston, MA

Master of Science – Physical Therapy ▪ Boston University – Boston, MA

- Masters Thesis: *"The Effect of Wheelchair Positioning on the Vital Capacity of Individuals with Quadriplegia"*

Bachelor of Science – Biology ▪ Newtown University – Newtown, MA

ADDITIONAL TRAINING

- Health Policy and Physical Therapy: What's the Connection? ▪ APTA/PPTA Preview 2020, Boston, MA
- Polypharmacy and Functional Adverse Effects in the Geriatric Population ▪ APTA Annual Conference, Phoenix, AZ
- If You Can't Breathe, You Can't Function: Integrating the Pulmonary, Neuromuscular and Musculoskeletal Systems ▪ Portland, OR
- The McMillan Lecture, The Maley Lecture, Bridging Generational Gaps in the Workplace, Leadership Forum ▪ APTA Annual Conference and Exposition, San Francisco, CA
- CCCE Training Workshop ▪ Cleveland Consortium of Academic Coordinators of Clinical Education, Cleveland, OH
- Myofascial Release I ▪ Princeton, NJ
- The DPT Degree: Past, Present, and Future ▪ 17th Annual Boston Clinical Education Workshop, Boston, MA
- Responding to Change in the New Millennium ▪ The 12th Annual Component Leadership Seminar, Orlando, FL
- APTA Clinical Instructor Credentialing Course ▪ Boston, MA
- The Clinician You Want To Be: The Guide To Get You There ▪ Boston, MA

PRESENTATIONS

- The Challenge of Optimal Seating for People with Joint Contractures ▪ International Seating Symposium ▪ February 23, 2001.
- Prospective Payment System ▪ SED PPTA Meeting, Boston, MA ▪ November 11, 1998.
- Prospective Payment System, Objectives of The Balanced Budget Act, Salary Equivalency, MDS, CPT Codes ▪ Therapists Unlimited, Endicott, MA ▪ June 14-15, 1998.
- Lower Extremity Orthotics: Conference for Physical Therapists and Physical Therapist Assistants ▪ Midtown Rehabilitation Hospital, Plymouth, MA ▪ March 12-13, 1993.
- Spinal Cord Injury: Treatment Considerations for the Physical Therapy Assistant ▪ The Institute of Rehabilitation Medicine, Albany, NY ▪ June 8 - 9, 1991.

PROFESSIONAL MEMBERSHIPS

- American Physical Therapy Association
- Anton Physical Therapy Association
 - Southeast District Chair, January 2000 to January 2003
 - Board of Directors, January 2000 to January 2003
 - Legislative Ambassador of Southeast District, 1999 to present
 - Member at Large, October 2001 to October 2002
 - Nominating Committee, Southeast District, 2003 to 2004
- APTA House of Delegates
 - Boston Delegate, 2001, 2002, 2003, 2005, 2006, 2007

COMMUNITY SERVICE

- Planning Committee - Boston Night of Champions Benefit for the wheelchair sports program and athletes at Springfield Rehab Hospital, 2002 to 2005.
- Planning Committee - City of Hope's Walk for Hope Against Breast Cancer; coordinated and planned the annual Walk for Hope in Somerville State Park in Somerville, MA October 2000 to 2003.
- Volunteer - Special Olympics Fun Fitness; Assessed Special Olympic athlete's range of motion as part of a service coordinated by the American Physical Therapy Association to promote overall fitness among Special Olympic athletes, Boston, MA, November 2, 2002.